



10 October 2016

Dear Year 6 Parents,

In the week beginning 21 November the school will be offering Sexual Health and Relationships Education for our Year 6 students. Each class will attend three sessions. The information here aims to help you understand the content of this session.

The school recognises that you are the primary educator of your child on issues surrounding their sexuality, however we believe we can work together to help children stay safe by encouraging healthy attitudes. The TALK ABOUT IT program by Life Education includes information on puberty incorporating physical growth and emotional changes, relationships and the concept of self. It is designed to help students understand and cope with this important phase of development.

The program is designed to assist young people develop a positive attitude towards their own sexuality and provides them with information on how to look after themselves during this stage of their development.

The lesson/s being conducted will focus on the physical, social and emotional changes experienced during puberty and helping students understand and cope with this important phase of development.

We are fortunate to have a very experienced educator from Life Education conducting the sessions which have been tailored to the needs of our school and students.

If you would like further information please read the attached brochure or contact Liz Ham at Life Education directly on (07) 55720166 or 0448 013 855. There is a great resource available for parents online called [Talk Soon, Talk Often](#) you may like to read. If you do not want your child to attend these sessions please contact Regan Walsh.

Warm regards,

Regan Walsh
Year 6 Teacher
Worongary State School

