



P&C Association

WORONGARY STATE SCHOOL TUCKSHOP MENU - Effective 10 July 2017

OPEN: Monday-Friday 8:30am-2:00pm DIRECT DIAL PHONE: 5502 4426



P&C Association

*****Should your child have a food allergy, please ensure that this is clearly written on the bag or explained to tuckshop staff*****

★ SANDWICHES (on white or wholemeal bread)

Sandwich Extras - Toasted	add \$0.30
- Lavash wrap or Bread roll	add \$0.80
- Gluten free bread	add \$0.80
- Salad ingredient, cheese, onion	add \$0.50
Vegemite/Jam/Honey	\$1.50
Cheese	\$1.70
Egg & Mayo	\$2.30
Egg, Lettuce & Mayo	\$2.60
Ham	\$2.70
Ham & Cheese	\$3.20
Chicken & Mayo	\$3.20
Salad (lettuce, tomato, cucumber, carrot, beetroot, alfalfa)	\$3.50
Chicken or Ham with Salad	\$5.00

★ BURGERS & SPECIALTY SANDWICHES

Beef Burger with lettuce, tomato, carrot, BBQ/tom sauce	\$4.50
Cheeseburger beef, cheese, lettuce, tomato, carrot, sauce	\$5.00
Chicken Burger with lettuce, tomato, carrot, mayo	\$4.70
Delta Deli Wrap (toasted)	
Chicken tenderloin, lettuce, tomato, cheese, caesar dressing	\$5.00
Pork Slider	1 for \$4.00
Pulled pork, rainbow slaw and smokey BBQ sauce	2 for \$7.00
Toasted Turkish Bread - Chicken or Ham	
with tomato, cheese & choice of sauce (mayo or sweet chilli)	\$5.50

★ SALADS

Salad Bowl with Egg & Cheese	\$3.50
Chicken Caesar Salad	\$4.00
Chicken or Ham Salad Plate with Egg & Cheese (S)	\$4.00
(add 50c for tub of French or Caesar dressing) (L)	\$6.50

SUSHI & VIETNAMESE ROLLS

Available Wednesdays by pre-order only	1 for \$3.00
Orders must be placed by 9am Tuesday	2 for \$5.50
See reverse for details	

HOT FOOD

★ Butter Chicken (on Basmati Rice)	\$4.00
Chicken Wedges (with sweet corn tub or carrot sticks)	\$3.70
Corn on the Cob	\$1.00
★ Fried Rice	\$3.50
Hot Dog with choice of sauce (tom/bbq/mustard)	\$3.00
Hot Dog/Cheese with sauce (tom/bbq/mustard)	\$3.50
Meat Pie Small ... \$2.00 ... or ... Large ...	\$3.00
Potato Wedges (topped with chicken, corn & cheese)	\$4.00
Sausage Roll	\$2.70
★ Spaghetti Bolognese	\$3.50
Vegetable Pastie	\$3.50

EVERYDAY MEAL DEALS

Fresh Deal - Munch Pack, Yoghurt, Small Fruit Salad	\$4.00
Pie Deal - Small Pie, Popcorn, Grapes (fresh or frozen)	\$4.00
Italian Deal - Spaghetti Bolognese & Bottled Juice ...	\$5.00
Burger Deal - Chicken Burger & Any Drink	\$6.00

FRESH FRUIT & SNACKS

Apple Slinky or Watermelon Slice	\$1.00
Fresh Grapes (100ml tub) or Banana	\$1.20
Orange Wedges (2 pieces)	\$0.50
★ Fruit Salad Small \$1.50 ... or ... Large ...	\$2.80
★ ★ ANZAC Biscuit	\$0.80
★ Boiled Egg	\$0.80
★ Chocolate Brownie Bites	\$1.60
Crunch Pack (carrot sticks + grapes + cheese)	\$1.70
★ Custard Cup 100g	\$1.20
Mini Muffin (blueberry, apple, ★ banana)	\$1.60
Munch Pack (cheese + crackers)	\$1.50
★ Popcorn	\$1.00
★ Savoury Cheese Muffin	\$1.60
Traffic Light (carrot & cucumber sticks, mini tomatoes) ..	\$2.00
Yoghurt 100g (strawberry or vanilla)	\$1.20

EXTRAS

Sauce Sachet (tomato/bbq/sweet & sour/sweet chilli) ..	\$0.30
Sour Cream	\$0.50
Extra Plastic Fork or Spoon	\$0.10
Brown Paper Bag (free with Online ordering)	\$0.10
Pack of 25 Brown Paper Bags	\$2.00

★ COLD DRINKS

Bottled Water 600ml	\$1.50
Bottled Juice 200ml (orange, apple or app/blackcurrant) ..	\$1.70
Fresh Milk 300ml	\$1.50
Flavoured Milk 300ml (chocolate or strawberry)	\$2.00
Flavoured Milk 250ml (banana pop top)	\$2.00

★ FROZEN TREATS

Collect at Second Break Playtime, with Prepaid Bag

Frozen Fruit Stick (99% fruit juice)	\$1.00
Frozen Juice Cup (orange, apple or app/blackcurrant)	\$1.00
Frozen Grapes or Pineapple Pieces	\$1.20
Frozen Orange Wedges (2 pieces)	\$0.50
Frozen Yoghurt 100g (strawberry or vanilla)	\$1.20
★ Iceberg (frozen cube of yoghurt and fruit)	\$0.50
Lemonade Bar	\$1.00
Mini Calippo (raspberry pineapple flavour)	\$1.20
Scooby Doo Milk Bar (chocolate or caramel)	\$1.80
Split (mango or raspberry)	\$2.20

BIRTHDAY CELEBRATIONS

Birthday celebration baskets/platters are available and delivered to your child's class. Order online, by phone or in person.

Option 1: Frozen Treat Medley - \$25 per basket

Option 2: Freshly Baked Biscuits - \$20 per platter

Includes one item per student & one for the teacher

★ *Made on site using fresh ingredients and local produce, where possible*

★ *Available for students in Grades 1-6 at Over the Counter Sales*

Our menu is compliant with the Government Smart & Healthy Food and Drink Strategy

BREAKFAST MENU

Available 8:30am - 8:50am

Cash only (not available online). No bag required

TUMMY FILLERS

Toasted Cheese Sandwich	\$2.00
Pikelets (pack of 2)	\$1.50
Banana	\$1.20
Boiled Egg	\$0.80
Yoghurt 100g (strawberry or vanilla)	\$1.20
Tub of Grapes	\$1.20
★Fruit Salad ... (Small) ...	\$1.50 or (Large) ... \$2.80

BREAKFAST PACKS \$2.00

Each pack is served with a plastic knife & choice of Jam, Honey or Vegemite sachet.

1. **Pikelet pack** (2 pikelets)
2. **Toast pack** (2 slices - wholemeal or white) for gluten free bread add \$0.80

BREAKFAST MEAL DEAL \$3.50

Any Breakfast Pack & Drink of Choice

COLD DRINKS

Bottled Water 600ml	\$1.50
Bottled Juice 200ml	\$1.70
(orange, apple, app/blackcurrant)	
Fresh Milk 300ml	\$1.50
Flavoured Milk 300ml (chocolate or strawberry)	\$2.00
Flavoured Milk 250ml (banana pop top)	\$2.00

Our menu is compliant with the Government Smart & Healthy Food and Drink Strategy

HOW TO ORDER TUCKSHOP

Manual and online ordering are available. Online is preferred.

ONLINE ORDERING (Preferred)

- On our school website, click on the link for "SCHOOLSHOP ONLINE" and follow the steps to set up an account.
- Note: Brown paper lunch bag provided for online orders.
- For more information, come and see us in the Tuckshop.

MANUAL ORDERING

- Use a separate brown paper bag for each break (available from tuckshop for 10c each or \$2 for 25).
- Write out orders on each bag as per the example on the right.
- Place money in bag and fold to secure. Please no staples or tape.
- Your child can then place their order in the appropriate tuckshop basket in their classroom.

Example:

First Break	
Child's Name – Class	
Cheese sandwich	\$1.70
Toasted	\$0.30
Chocolate milk	\$2.00
	\$4.00
\$5.00 in bag	
\$1.00 change	

HOW TO ORDER SUSHI & VIETNAMESE ROLLS

Manual and online ordering are available. Online is preferred.

PRE-ORDER SUSHI ONLINE (Preferred)

- Choose Tuesday as the 'Delivery Date' to access the 'Wednesday Sushi (pre-ordering)' Meal Session and Menu. (Must be done prior to 9.00am Tuesday cut-off time)

- Click on  icon next to choice of '1 Roll' or '2 Rolls'
- Click on  Flavour to select variety/ies before adding to your cart and completing your order/payment.

PRE-ORDER SUSHI MANUALLY

- Please complete your order on a brown paper bag as per the Manual Ordering instructions above.
- Be sure to note the quantity and variety/ies required.

Sushi Varieties:	Avocado (GF)	Chicken Avocado
Salmon Avo (GF)	California	Chicken Honey Soy
Tuna Avocado	Beef Teriyaki	Chicken Lettuce Mayo
Tuna Mayo	Vege Carrot (GF)	Chicken Teriyaki
Tuna Sweet Chilli	Vege Green (GF)	Chicken Sweet Chilli
Vietnamese Rice Paper Rolls: Chicken Teriyaki or Beef Teriyaki		

ADDITIONAL INFORMATION

- Should your child have a food allergy, please ensure that this is clearly written on the bag or explained to the tuckshop staff.
- Tuckshop is closed on the last day of each Term.
- Frozen items will not be put into Tuckshop bags. If ordering these online or on a bag, please order at First Break. Children can then collect from the Tuckshop at the Second Break playtime by presenting their prepaid bag. For Grades 1-6, over the counter purchase is an option at both breaks during playtimes. Please note that a **\$5 note is the maximum** allowed.
- Substitute items may be given if incorrect money supplied or stock unavailable.



If you are interested in joining our wonderful Tuckshop team or would like to know more about what's involved in volunteering, please feel free to stop by or call us.

Ask for Michelle or Jasmine.

No pressure and no lock-in contracts!
We just need a spare hand every now and then.

*Grab a friend & come on in,
volunteer and have a laugh or two
The benefits of volunteering are
that you stay younger - it's true!
Your friends will think you're a saint and so will we
Come on in and help your school community*

See you at the Tuckshop!!

