

Labrador Child and Family Centre Activity Timetable Term 3

July 16th – Sept 21st 2018 (10 weeks)



Office for Early Childhood Education and Care



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	INFORMATION
Jellybeans Supported Playgroup 0 - 5 years 9.15 - 11.15am Please bring a hat and morning tea. Arthur Downes Park, Next to our Centre in Billington St, Labrador	Community Child Health Clinic 0 - 6 months 8.30 - 11.30am 1.00 to 3.00pm Includes weighing of baby and brief information time with a Community Child Health Nurse. QCH NURSES	Infant Massage 6 weeks – pre-crawling 10.00 – 11.00am	Intergenerational Craft Group From beginners to experts. 9.00 – 11.00am Contact Vicki Phone: 5656 6300	Miracle Babies (A support group for families with premature or sick newborns.) 9.30 – 11.30am Fortnightly on: 20.04.18 4.05.18, 18.05.18 1.06.18, 15.06.18 TESS DOWDS Phone: 0488 505 966	 Find us on Facebook www.facebook.com/northgoldcoasteyc
Music With Monica 0 – 4 years 9.30 – 10.15am (2 - 4 years) 10.30 – 11.15am (0 - 2 years) Contact Monica info@musicwithmonica.com **Term Enrolments Only** MONICA & STAFF		Play With Me 6 weeks – 6 months 12.00 – 1.00pm	Wheely Good Fun Mobile Playgroup 0 – 5 years 9.30 – 11.30am Norm Rix Park, Government Road, Labrador		Family Support Worker Available for support to families with children 0-8 years. Phone: 5656 6300
Explore with Me 6 months – 2 years 1.00 - 2:30pm	Chiquirisas Spanish Playgroup (Parent Led) 3.30 – 4.30pm Contact Paula: 0403 695 414 Natalia: 0431 149 205 PARENT LED	Community Child Health New Parent Group 1.00 – 3.00pm Set Topics discussed each week. QCH NURSE	Multicultural Playgroup 0 – 5 years 12.30 – 2.00pm	Arabic Culture, Language and Music Group for Children (Parent Led) 3.30 – 5.30pm Contact Vicki Phone: 5656 6300 PARENT LED	 Matched Funding Program For educational expenses Contact Sylvia Phone: 0431 076 011
					Parent Connect Family Support Staff available for support to families with special needs children 0 – 8 years. Phone: 5644 9400

North Gold Coast Early Years Centre (Labrador) **Address:** 57b Billington Street, Labrador. **Phone:** 5656 6300.

More information available at the Centre and on our Facebook Page.

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Program Name	Details				
Arabic Culture, Language and Music Group for Children	Many countries speak Arabic. This group brings these cultures together by teaching the Arabic language to children through music, play and craft. Contact Vicki on 5656 6300.				
Chiquirisas Spanish Playgroup	A friendly space to share Spanish culture, and an opportunity to learn and practice Spanish through playing, singing, listening to music, reading, and much more. Contact Paula on 0403 695 414 or Natalia on 0431 149 205.				
Explore With Me	Supported playgroup that promotes development of babies’ exploration through play, run by qualified early childhood educator for parents/carers and children aged 6 months – 2 years.				
Indigenous Ante-Natal Group	Aboriginal and Torres Strait Islander Ante-natal program. Different topics each week. Lunch Provided. Contact Advanced Aboriginal and Torres Strait Islander Child Health Worker on 5525 5627.				
Infant Massage	5 week program that aims to promote nurturing touch, interaction, stimulation and relaxation with your baby aged 6 weeks – pre-crawling. Booking Required.				
Intergenerational Craft Group	From beginners to experts. Come and meet new people, share your talents and learn new crafts. Contact Vicki on 5656 6300.				
Jellybeans Playgroup	Supported playgroup run by qualified early childhood educators for parents/carers and children aged 0 – 5 years. This program is designed to meet the developmental needs of children and provides exciting and varied play opportunities that promote interaction and fun.				
Miracle Babies	A support group for premature or sick newborns and their families. Contact Tess Dowds on 0488 505 966.				
Multicultural Playgroup	A group for parents/carers and children aged 0 – 5 years, where you can share your culture, meet new friends and share afternoon tea together.				
Music With Monica	Music classes run by qualified Music Therapist – interactive, lots of fun for children – including children and families with special needs. Subsidised places available for all. Booking Required. Contact Monica on 0412 147 184				
Play With Me	Supported playgroup that is aimed at developing play-skills and understanding the importance of how play enhances baby’s brain development, run by qualified early childhood educator for parents/carers and children aged 6 weeks – 6 months. This group connects with the Queensland Child Health Nurse.				
Wheely Good Fun	Mobile supported playgroup run by qualified early childhood educators for parents/carers and children aged 0 – 5 years. This program is designed to meet the developmental needs of children and provides exciting and varied play opportunities that promote interaction and fun. Held at Norm Rix Park, Government Road, Labrador.				
Additional Services	Details				
Ante-natal Clinic GCUH	Phone: 5687 1526				
Child Health Advice	Phone 13 Health on 1343 2584				
Community Child Health	For all Queensland Community Child Health Appointments, please phone 5687 9183.				
Family Support Worker	A Family Support Worker can help you with any issues (e.g. play therapy for children, educating and supporting families, parenting strategies, advice and parenting programs, strategies and skills to aid budgeting, brief counselling, and referral services to other services available) you may be experiencing in your family with children 0 – 8 years. Phone: 5644 9400.				
Lactation Consultant	Phone: 5687 1534				
New Parent Group	The QCH Nurse will discuss the following topics: Social and Emotional Development, Safety, Infant Feeding, Play and Development, Sleep and Settling, Transition to parenting, Oral health, Speech and Language.				
Saver Plus	A financial inclusion program for 10 months assisting with matched funding and free financial education. If eligible, ANZ will match your savings dollar for dollar up to \$500 for educational costs. Contact Sylvia to enquire about eligibility on 0431 076 011.				
Group Types					
Booking Required	Drop In Groups	Parent Led	Queensland Health	External Provider	Information

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