## **Nerang EYC Activity Timetable Term 3**

July 16<sup>th</sup> – 21<sup>st</sup> Sept 2018 (10 weeks)





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jellybeans Supported Playgroup 0 - 5 years 9.30 - 11.30am Please bring a hat and morning tea.  Drop In	Pram Push 0 – 5 years  9.00 – 10.30am  Meets at Bert Swift Park, Centurion Crescent, Nerang. Children must be in a pram, and no pets allowed.  Drop In	Community Child Health Clinic 0 - 6 months  8.30 - 11.30am 1.00 to 3.00pm  Includes weighing of baby and brief information time with a Community Child Health Nurse.  Drop In	Foundations for Learning 3 – 5 years 9.00 – 11.00am Booking Required	Jarjums Indigenous Playgroup 0 - 5 years  10.30am – 12.30pm (Lunch provided)  Drop In Transport Available	Intergenerational Craft Group From beginners to experts. 8.30am – 12.30pm Contact Vicki Phone: 5656 6300 Drop In
Toy Library 11.30am – 12.30pm Drop In	Post Natal Depression Group 0 – 5 years 10.00am – 12.00pm Drop In	Explore with Me 6 months – 2 years 10.00 - 11:30am Drop In			Find us on Facebook  www.facebook.com/northgoldcoasteyc
Triple P Positive Parenting Program  1.00 – 2.30pm  Seminar 1: 20.08.18 Seminar 2: 27.08.18 Seminar 3: 03.09.18  Booking Required		Play With Me (Including Community Child Health Nurse) 6 weeks – 6 months 1.00 - 2.00pm Drop In	Young Parent's Group 0 – 5 years  12.00 – 2.00pm (Lunch provided)  Drop In Transport Available	Toy Library 2.00 – 3.00pm Drop In	Saverplus  Matched Funding Program For educational expenses Contact Sylvia Phone: 0431 076 011
					Family Support Worker Available for support to families with children 0-8 years. Phone: 5644 9100  Parent Connect Family Support Staff available for support to families with special needs children 0 - 8 years. Phone: 5644 9400

North Gold Coast Early Years Centre (Nerang) Address: 40 Martin Street, Nerang. Phone: 5644 9100. More information available at the Centre and on our Facebook Page.

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Program Name	<b>Details</b>					
Explore With Me	Supported playgroup that promotes development of babies' exploration through play, run by qualified early childhood educator for parents/carers and children aged 6 months – 2 years.					
Foundations for Learning	A one term program for 3-5 year olds run by qualified early childhood educators, that supports parents and children where the child has a developmental delay or behavioural issues that parents are concerned about or need support with. Booking Required.					
Grandparent's Support Group	A support group run by qualified early childhood educators for grandparents who have grandchildren in their full time care.					
Intergenerational Craft Group	From beginners to experts. Come and meet new people, share your talents and learn new crafts. Contact Vicki on 5656 6300.					
Jarjums Indigenous Playgroup	Indigenous playgroup, run by qualified Indigenous early childhood educator, for children aged 0 – 5 years. Lunch provided.					
Jellybeans Playgroup	Supported playgroup run by qualified early childhood educators for parents/carers and children aged 0 – 5 years. This program is designed to meet the developmental needs of children and provides exciting and varied play opportunities that promote interaction and fun.					
Play With Me	Supported playgroup that is aimed at developing play-skills and understanding the importance of how play enhances baby's brain development, run by qualified early childhood educator for					
	parents/carers and children aged 6 weeks – 6 months. This group connects with the Queensland Child Health Nurse.					
Post Natal Depression Group	Share a morning with other people who have also experienced or are experiencing post-natal depression. For parents with children aged 0 – 5 years. Contact Amy or Siobhan on 5644 9100 for more information.					
Pram Push	Walking group for parents and their children that aims to encourage and foster social interactions and connections between parents in an active and healthy setting. Meets at Bert Swift Park, Centurion Crescent, Nerang. For more information, contact Emma at Nerang: 5644 9100.					
Triple P Positive Parenting Program	3 Individual seminars designed to provide basic and simple strategies to help make raising kids easier. Seminar Topics: "The Power of Positive Parenting", "Raising Confident, Competent Children", "Raising Resilient Children". 3 weeks beginning May 14th. Booking Required.					
Toy Library	Borrow 2 toys for 2 weeks that will help your child's development. No cost.					
Young Parent's Group	Supported playgroup for young parents (aged up to 25 years) and their children aged 0 – 5 years. This group includes fun activities, art and craft and Infant Massage. Lunch provided.					
Additional Services	<b>Details</b>					
Ante-natal Clinic GCUH	Phone: 5687 1526					
Child Health Advice	Phone 13 Health on 1343 2584					
Community Child Health	For all Queensland Community Child Health Appointments, please phone 5687 9183.					
Family Support Worker						
	to aid budgeting, brief counselling, and referral services to other services available) you may be experiencing in your family with children 0 – 8 years. Phone: 5644 9400.					
Lactation Consultant	Phone: 5687 1534					
New Parent Group	In conjunction with Play With Me, the QCH Nurse will discuss the following topics: Social and Emotional Development, Safety, Infant Feeding, Play and Development, Sleep and Settling, Transition					
	to parenting, Oral health, Speech and Language.					
Saver Plus	A financial inclusion program for 10 months assisting with matched funding and free financial education. If eligible, ANZ will match your savings dollar for dollar up to \$500 for educational costs.					
-	Contact Sylvia to enquire about eligibility on 0431 076 011.					
Group Types						
Booking Required D	rop In Groups Parenting Program Queensland Health Toy Library External Provider Information					

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