Some links that may be helpful for our families.



## Kids Helpline

Helps kids and teens with phone councelling, any time for any reason. Great tip sheets for parents and carers covering issues commonly experienced by children and young people www.kidshelpline.com.au



### **iParent**

iParent is a place where parents and carers can stay up to date with the latest technology that children and young people use. Access advice about safety settings for online devices www.esafety.gov.au



# oneplace

Oneplace is a free, online community services directory for parents, young people and families who are having tough times, to find help in their local area. With more than 48,000 services across Queensland listed there is someone who can help

www.oneplace.org.au



### Parentline

Parentline provides telephone councelling to parents and carers of children and young people. There are also many resources available to support parents and carers to understand a wide range of issues related to raising children and young people

www.parentline.com.au



### Think U Know

Evidence based cybersafety program that provides safety education to parents, carers, teachers and children. ThinkUKnow have a great Parent Portal with many helpful resources

www.thinkuknow.org.au